

WEEKLY PROGRAM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 am Fitness Centre Opens	Fitness Centre Opens	Fitness Centre Opens	Fitness Centre Opens	Fitness Centre Opens	Fitness Centre Opens	Fitness Centre Opens
7:30 am	Aerobics (Boxfit)	Aerobics	Aerobics (Stretch & Strength)	Aerobics (Muscle Conditioning)	Aerobics	Aerobics (Stretch & Strength)
8:00 am Power Walk	Power Walk	Power Walk	Power Walk	Power Walk	Power Walk	Power Walk
8:00 am	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
9:00 am Quick Fix / Tennis Round Robin	Hang Gliding Day	Hang Gliding Day		Esthetics		
9:15 am					Teen Shopping Cruise	
9:45 am	Kids Club Begins	Kids Club Begins	Kids Club Begins	Kids Club Begins	Kids Club Begins	Kids Club Begins
10:00 am Tobin's Island Cruise	Shuffleboard	Bocce Ball	Badminton	Ping Pong	Croquet	Horseshoes
		Aromatherapy Sessions	Thai Massage	Thai Massage		Aromatherapy Sessions
		Climbing Wall	Garden Tour	Folk Art Workshop		
		Yoga (FREE)	Yoga (FREE)	Climbing Wall		Quick Fix Tennis Clinic
	South Lake Rosseau Cruise	Four Mile Point Cruise	Tobin's Island Cruise	Four Mile Point Cruise		Four Mile Point Cruise
				Sailing Cruises Begin		Sailing Cruises Begin
10:15 am	Novice / Low Int. Tennis Clinic	Novice / Low Int. Tennis Clinic	Novice / Low Int. Tennis Clinic	Novice / Low Int. Tennis Clinic	Extension Tennis Clinic	
	Late Kid's Club Registration					
10:30 am				Tai Chi (Free)		
11:00 am Rosseau Room Opens	Rosseau Room Opens	Rosseau Room Opens	Rosseau Room Opens	Rosseau Room Opens	Rosseau Room Opens	Rosseau Room Opens
	History Tour		Cleve's Cranium		Bike Tour	
11:20 am	Int. / Low Advanced Tennis Clinic	Int. / Low Advanced Tennis Clinic	Int. / Low Advanced Tennis Clinic	Int. / Low Advanced Tennis Clinic	Extension Tennis Clinic	Candle Making
12:00 pm		Pre Teen Sports Cruise		PreTeen Reg. Cruise		
12:30 pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH or BBQ LUNCH
1:30 pm			Port Carling Shopping Cruise			
1:45 pm	Resort Hike and Orientation	Water Basketball	Martini Madness	Water Colour Workshop	Beach Blast	Pool and Foosball
	Pottery Painting	Best Ball Golf Scramble	Canoe and Kayak Clinic	Golf Trip to Port Carling	Golf Showdown	Frisbee Golf
		Tennis Round Robin		Bank Shot Basketball		
		Fashion Show				
2:00 pm	Junior Tennis Clinic I		Junior Tennis Clinic I	Tennis Round Robin		Tennis Round Robin
2:30 pm	Tobin's Island Cruise	Tobin's Island Cruise		South Lake Rosseau Cruise	South Lake Rosseau Cruise	South Lake Rosseau Cruise
	Aquafit	Aquafit	Aquafit	Aquafit	Aquafit	Aquafit
3:00 pm Kids Club Registration					Tennis Round Robin	
	Staff vs. Guest Basketball	Staff vs. Guests Soccer	Staff vs. Guest Hockey	Staff vs. Guest Ultimate	Staff vs. Guest Volleyball	
	Tennis Round Robin		Tennis Round Robin		Kids Entertainment: Mark & Chester Show	
		Junior Tennis Clinic II	Junior Tennis Clinic II			
3:30 pm	Kids Entertainment: Magician Scott Dietrich		Kids Entertainment: Jam Sandwich			Kids Talent Show
4:00 pm CHECK IN					WEEKEND CHECK IN	
4:30 pm	Kids Club Ends	Kids Club Ends	Kids Club Ends	Kids Club Ends	Kids Club Ends	Kids Club Ends
5:00 pm	Joseph River Cruise	Joseph River Cruise	Joseph River Cruise	Tobin's Island Cruise	Tobin's Island Cruise	Joseph River Cruise
5:15 pm	Meet and Greet Verandah Vino			Discovery Toys Demo		
5:30 pm		Verandah Bar Service Begins	Verandah Bar Service Begins	Verandah Bar Service Begins	Verandah Bar Service Begins	Verandah Bar Service Begins
6:00 pm DINNER	DINNER	DINNER	DINNER or STEAK BBQ	DINNER	DINNER	DINNER
		KID'S BACKWARDS DINNER		KID'S SUPER HERO DINNER		KID'S HAWAIIAN LUAU
7:00 pm Guest Orientation		Kids Entertainment: Speaking of Wildlife		Kids Entertainment: Magician Aaron Patterson		Kids Entertainment: Kenny Munshaw
7:15 pm	Family Sunset Ice Cream Cruise	Family Sunset Ice Cream Cruise	Teen Sunset Ice Cream Cruise	Family Sunset Ice Cream Cruise	Family Sunset Ice Cream Cruise	Family Sunset Ice Cream Cruise
7:30 pm		Scavenger Hunt	Family Campfire	Family Treasure Hunt	Fishing Derby	
			Wenonah II Cruise			
8:00 pm Tennis Registration	Bingo					Super Bingo
8:30 pm		Hypnotist Richard Davenport	Sheridan Style's "Party On!"			
9:15 pm Analyze That	Catch Me If You Can		Two Weeks Notice	Harry Potter 2	Maid in Manhattan	Phone Booth
Piano on Rosseau	The Magic of Brian Michaels	Casino Night	Martini Night	Magician Aaron Patterson	Grease	Kenny Munshaw Band
					Euchre Tournament	
10:30 pm					Star Gazing Cruise	Star Gazing Rain Date

Note: This is a general overview of the week. Times and events are subject to change. Please refer to Daily Programs and mealtime announcements for the most up to date details.